

# DERMAL FILLERS/RADIESSE PRE-CARE INSTRUCTIONS

- Ensure you schedule your treatment at least 2 weeks prior to any special events to allow time for possible bruising, swelling, and or redness to subside.
- Avoid dental procedures, including cleanings, 2 weeks before and 2 weeks after any injections around your mouth.
- Avoid vaccinations 2 weeks before and 2 weeks after treatment.
- Avoid Alcohol, Aspirin, Ibuprofen, Advil, Aleve, Fish oil, Ginseng, Garlic, and other blood-thinning agents 3 days prior to your treatment.
- If using topical Vitamin A (Retinol, Tretinoin, Retin-A), discontinue use for 3 days prior to your treatment.
- If you have a history of cold sores and will be having treatment around your mouth area, please start your prophylactic antiviral medication the day before your treatment, the day of your treatment, and ensure that you have a prescription for continued therapy post-treatment.
- If you are prone to swelling, start taking oral Zytrec or XYZAL day of the procedure and continue to take it for up to 5 days total.