

# TATTOO REMOVAL

## PRE-TREATMENT INSTRUCTIONS

- Avoid sun exposure, sun tanning, and sunless tanners for 2 weeks prior to your treatment.
- Avoid any blood-thinning agents, including Ibuprofen, Aspirin, fish oil supplements, etc. 3-5 days prior to treatment.
- Apply topical numbing cream 15 minutes prior to your appointment if this was prescribed to you by your treating provider.