

LASER HAIR REMOVAL

PRE-TREATMENT INSTRUCTIONS

- Avoid sun exposure, tanning, and sunless tanners for 2 weeks prior to treatment.
- Discontinue waxing or plucking 1 week prior to treatment.
- Shave the treatment area 24 hours prior to treatment.



- Discontinue Retinols, alpha/beta hydroxy acids, and other exfoliating products 5 days prior to treatment.
- If treating the upper lip area and you have a personal history of cold sores, start anti-viral medication the day before treatment (call our office if needing refills).
- If you have baseline sensitive skin, we recommend taking oral Zyrtec 10 mg day of treatment and for 5 days after.