

# ERBIUM YAG

## PRE-TREATMENT INSTRUCTIONS

### BEFORE THE TREATMENT:

- Discuss and disclose any healing disorders, such as those caused by diabetes mellitus, connective tissue disease, or radiation/chemotherapy.
- Discuss and disclose if there is an active infection or history of herpes simplex of the lips, mouth, or face.
- Do not proceed with the Erbium Yag treatment if the patient is pregnant or breastfeeding.
- Discuss and disclose allergies to topical anesthetics, antibiotics, or other medications.
- Do not proceed with the treatment if Isotretinoin (Accutane) has been used within the past 12 months.
- Discuss the history of any hypertrophic scarring or keloid formations, or other skin diseases.

### BEFORE FOLLOW-UP TREATMENTS:

- Disclose any new medications you may begin using during your treatment program.
- Treatments cannot be performed on areas with a suntan or sunburn. Avoid direct exposure to the sun and tanning beds 4 weeks prior to treatment. A broad-spectrum sunscreen of SPF 30 or higher should be applied to any treatment area exposed to the sun.