

# MICRONEEDLING POST-CARE INSTRUCTIONS

**Day of Procedure:** Apply topical peptides/HA serum as recommended by the treatment provider.

**Evening of Procedure:** Gently wash your face with a gentle cleanser.

- Protect treated area(s) from sun exposure for 24 hours post-treatment.

## **24 hours Post Treatment:**

- Use a gentle cleanser AM/PM
- Continue application of peptide/HA serum
- Apply a mineral-based sunscreen (SPF 30 or higher)

## **2-3 Days Post Treatment:**

- Use a gentle cleanser AM/PM
- Continue peptide/HA serum
- Apply a lightweight moisturizer
- Apply mineral sunscreen
- Wait at least 5 days before resuming your normal skin care routine.
- You may resume use of Retinoids and alpha hydroxy acid serums 5-7 days post-treatment.
- Continue to wear sunscreen daily and schedule your next treatment in 4-6 weeks.