

IPL/LASER GENESIS

PRE-TREATMENT INSTRUCTIONS

- Please do not wear makeup on up day of treatment.
- If you have any growing, changing, bleeding, or itchy skin lesions that have not been diagnosed or evaluated by a board-certified dermatologist, then you will need to have this evaluated prior to treatment with laser.
- Discontinue waxing or plucking hair 1 week prior to treatment.
- Shave the treatment area 24 hours prior to treatment (Men should be cleanly shaved).
- Discontinue use of Retinols, Tretinoin, Beta/Alpha hydroxy acid skin care products 5 days prior to treatment.
- If treating the upper lip area and you have a personal history of cold sores, take anti-viral medication starting the day before treatment (call our office if you need a refill).
- Discontinue sun tanning, use of tanning beds, and any application of sunless tanning products at least 2 weeks prior to treatment.

It is recommended to have the following at home to prepare for your procedure:

- A mild facial cleanser.
- A high-quality sunblock SPF 30 (zinc and/or titanium dioxide >10%).
- A good moisturizer available for your after-care.
- For discomfort, a pain reliever such as ibuprofen or acetaminophen can be used. If an open area occurs or if the treatment area is inadvertently picked, an antibiotic ointment, such as Bacitracin, can also be applied.
- A clean pillowcase for night of treatment.